

ASCEND

DANCE ACADEMY

2024/2025 Schedule

Sprout Classes:		
Tuesday		
4:15-5:00pm	Jazz and Tap (Ages 3-5)	Miss Rachel
5:00-5:45pm	Pre-Ballet (Ages 3-5)	Miss Rachel
Wednesday		
9:30-10:00am	Tot Time (Ages 2 & under)	Miss Rachel
10:00-10:45am	Creative Movement (Ages 2-3)	Miss Rachel
Saturday		
9:15-9:45am	Tot Time (Ages 2 & under)	Miss Kristina
9:45-10:30am	Pre-Ballet (Ages 3-5)	Miss Kristina

Leap Classes:		
Fundamental I (Ages 5-6)		
Tuesday:		
4:30-5:15pm	Ballet	Miss Kristina
5:15-6:00pm	Jazz	Miss Kristina
Fundamental II (Ages 6-7)		
Monday:		
4:15-5:15pm	Jazz	Miss JR
5:15-6:15pm	Ballet	Miss Kristina
Optional Combined Classes:		
Wednesday:		
5:45-6:15pm	Fundamentals Tap	Miss Melissa/Miss JR
6:15-6:45pm	Fundamentals Lyrical	Miss Melissa/Miss JR
Friday:		
5:15-6:00pm	Beginning Hip Hop	Mr James

Level I (Ages 7-9)		
Monday:		
4:15-5:15pm	Ballet	Miss Kristina
5:30-6:45pm	Jazz	Miss JR
Thursday:		
4:15-4:45pm	Pilates	Miss Melissa
4:45-6:00pm	Ballet	Miss Melissa
Optional:		
Monday 6:45-7:15pm	Tap I/II	Miss JR
Tuesday 5:45-6:30pm	Lyrical I/II	Miss Rachel
Friday 5:15-6:00pm	Beginning Hip Hop	Mr James

Level II (Ages 9-11)		
Monday:		
4:15-5:45pm	Ballet	Miss Melissa
5:45-6:30pm	Pilates	Miss Melissa
Wednesday:		
4:15-5:45pm	Ballet	Miss JR
5:45-6:30pm	Broadway	Miss Ashley
Thursday:		
4:15-5:30pm	Jazz	Miss Hailey
6:00-7:00pm	Contemporary	Miss Hailey
Optional:		
Monday 6:45-7:15pm	Tap I/II	Miss JR
Tuesday 5:45-6:30pm	Lyrical I/II	Miss Rachel
Friday 4:15-5:15pm	Intermediate Hip Hop	Mr James

Level III (Ages 11-13)		
Monday:		
5:45-6:30pm	Pilates	Miss Melissa
6:30-8:00pm	Ballet	Miss Kristina
8:00-8:45pm	Pointe (B)	Miss Kristina
Tuesday:		
4:15-5:45pm	Ballet	Miss Melissa
5:45-6:15pm	Pointe	Miss Melissa
Wednesday:		
4:15-5:30pm	Jazz	Miss Hailey
5:45-6:30pm	Broadway	Miss Ashley
6:30-7:30pm	Contemporary	Miss Hailey
Thursday:		
4:15-5:45pm	Ballet	Miss JR
5:45-6:15pm	Pointe	Miss JR
Optional:		
Friday 4:15-5:15pm	Intermediate Hip-Hop	Mr. James
Saturday 10:30-12:00pm	Open Ballet (Ages 11+)	Miss Kristina

Level IV (Ages 13-15)		
Monday:		
6:30-7:15pm	Pilates	Miss Melissa
7:15-8:45pm	Modern	Miss JR
Tuesday:		
6:15-7:45pm	Ballet	Miss Melissa
7:45-8:45pm	Pointe	Miss Melissa
Wednesday:		
5:30-6:30pm	Contemporary	Miss Hailey
6:30-7:30pm	Broadway	Miss Ashley
7:30-8:45pm	Jazz	Miss Ashley
Thursday:		
6:15-7:45pm	Ballet	Miss JR
7:45-8:45pm	Pointe	Miss JR
Friday:		
4:15-5:45pm	Ballet	Teacher Rotation
Optional:		
Thursday 5:30-6:00pm	Turns and Leaps IV/V	Miss Hailey
Saturday 10:30-12:00pm	Open Ballet (Ages 11+)	Miss Kristina

Level V (Ages 15+)		
Monday:		
6:30-7:15pm	Pilates	Miss Melissa
7:15-8:45pm	Modern	Miss JR
Tuesday:		
6:15-7:45pm	Ballet	Miss Kristina
7:45-8:45pm	Pointe	Miss Kristina
Wednesday:		
4:15-5:45pm	Jazz	Miss Ashley
6:30-7:30pm	Broadway	Miss Ashley
7:30-8:45pm	Contemporary	Miss Hailey
Thursday:		
6:15-7:45pm	Ballet	Miss Melissa
7:45-8:45pm	Pointe	Miss Melissa
Friday:		
4:15-5:45pm	Ballet	Teacher Rotation
Optional:		
Thursday 5:30-6:00pm	Turns and Leaps IV/V	Miss Hailey
Saturday 10:30-12:00pm	Open Ballet (Ages 11+)	Miss Kristina

Open Classes:		
Monday:		
6:45-7:15pm	Tap (Ages 7-11)	Miss JR
Tuesday:		
5:45-6:30pm	Lyrical Ages (7-11)	Miss Rachel
Wednesday:		
5:45-6:15pm	Fundamentals Tap (Ages 5-7)	Miss Melissa/Miss JR
6:15-6:45pm	Fundamentals Lyrical (Ages 5-7)	Miss Melissa/Miss JR
6:45-7:45pm	Adult Ballet	Miss JR
Thursday:		
5:30-6:00pm	Turns and Leaps (Ages 13+)	Miss Hailey
Friday:		
4:15-5:15pm	Intermediate Hip-Hop (Ages 9-13)	Mr James
5:15-6:00pm	Beginner Hip-Hop (Ages 5-9)	Mr James
Saturday:		
10:30-12:00pm	Open Ballet (Ages 11+)	Miss Kristina

To Register:



Call: (602) 449-1976

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