

ASCEND

DANCE ACADEMY

2023/2024 Schedule

Sprout Classes:

Tuesday

4:15-5:00pm	Jazz and Tap (Ages 3-5)	Miss Rachel
5:00-5:45pm	Pre-Ballet (Ages 3-5)	Miss Rachel

Wednesday

9:30-10:00am	Tot Time (Ages 2 & under)	Miss Rachel
10:00-10:45am	Creative Movement (Ages 2-3)	Miss Rachel

Saturday

9:30-10:00am	Tot Time (Ages 2 & under)	Miss Kristina
10:00-10:45am	Pre-Ballet (Ages 3-5)	Miss Kristina
10:45-11:30am	Tap and Tumble (Ages 3-5)	Miss Kristina

Leap Classes:

Fundamental I (Ages 5-6)

Tuesday:

4:15-5:00pm	Ballet	Miss Kristina
5:00-5:45pm	Jazz	Miss Kristina

Fundamental II (Ages 6-7)

Monday:

4:15-5:15pm	Jazz	Miss JR
5:15-6:15pm	Ballet	Miss Kristina

Optional Combined Classes:

Wednesday:

5:30-6:00pm	Fundamentals Tap	Miss Melissa/Miss JR
6:00-6:30pm	Fundamentals Lyrical	Miss Melissa/Miss JR

Level I (Ages 7-9)

Monday:

4:15-5:15pm	Ballet	Miss Kristina
5:30-6:45pm	Jazz	Miss JR

Thursday:

4:15-4:45pm	Pilates	Miss Melissa
4:45-6:00pm	Ballet	Miss Melissa

Optional:

Tap I/II	Monday 6:45-7:30pm	Miss JR
Lyrical I/II	Tuesday 6:30-7:15pm	Miss JR
Jazz Funk I-III	Saturday 10:30-11:30am	Mr. James

Level II (Ages 9-11)

Tuesday:

4:15-5:00pm	Pilates	Miss Melissa
5:00-6:30pm	Ballet	Miss Melissa

Wednesday:

4:15-5:30pm	Jazz	Miss JR
5:45-6:30pm	Broadway	Miss Ashley/Mr. James

Thursday:

4:15-5:45pm	Ballet	Miss JR
5:45-6:45pm	Contemporary	Mr. James

Optional:

Tap I/II	Monday 6:45-7:30pm	Miss JR
Lyrical I/II	Tuesday 6:30-7:15pm	Miss JR
Jazz Funk I-III	Saturday 10:30-11:30am	Mr. James

Level III (Ages 11-13)

Monday:

4:15-5:45pm	Ballet	Miss Melissa
5:45-6:15pm	Pre-Pointe/Pointe (A/B)	Miss Melissa

Tuesday:

4:15-5:00pm	Pilates	Miss Melissa
5:45-7:15pm	Ballet	Miss Kristina
7:15-8:00pm	Pointe (B)	Miss Kristina

Wednesday:

4:15-5:15pm	Contemporary	Miss Hailey
5:45-6:30pm	Broadway	Miss Ashley/Mr. James

Thursday:

4:15-5:45pm	Ballet	Miss Rachel
5:45-6:15pm	Pre-Pointe/Pointe (A/B)	Miss Rachel
6:45-8:00pm	Jazz	Mr. James

Optional:

Jazz Funk I-III	Saturday 10:30-11:30am	Mr. James
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Level IV (Ages 13-15)

Monday:

6:15-7:45pm	Ballet	Miss Melissa
7:45-8:45pm	Pointe	Miss Melissa

Tuesday:

6:30-7:15pm	Pilates	Miss Melissa
7:15-8:45pm	Modern	Miss JR

Wednesday:

5:15-6:15pm	Contemporary	Miss Hailey
6:30-7:45pm	Jazz	Miss Ashley/Mr. James
7:45-8:45pm	Broadway	Miss Ashley/Mr. James

Thursday:

6:15-7:45pm	Ballet	Miss JR
7:45-8:45pm	Pointe	Miss JR

Friday:

4:00-5:30pm	Ballet	Teacher Rotation
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Optional:

Turns and Leaps IV/V	Tuesday 5:45-6:30pm	Miss JR
Jazz Funk IV/V	Saturday 9:30-10:30am	Mr. James
Ballet IV/V	Saturday 10:30-12:00pm	Miss Melissa

Level V (Ages 15+)

Monday:

6:15-7:45pm	Ballet	Miss Kristina
7:45-8:45pm	Pointe	Miss Kristina

Tuesday:

6:30-7:15pm	Pilates	Miss Melissa
7:15-8:45pm	Modern	Miss JR

Wednesday:

4:15-5:45pm	Jazz	Miss Ashley/Mr. James
6:30-7:45pm	Contemporary	Miss Hailey
7:45-8:45pm	Broadway	Miss Ashley/Mr. James

Thursday:

6:15-7:45pm	Ballet	Miss Melissa
7:45-8:45pm	Pointe	Miss Melissa

Friday:

4:00-5:30pm	Ballet	Teacher Rotation
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Optional:

Turns and Leaps IV/V	Tuesday 5:45-6:30pm	Miss JR
Jazz Funk IV/V	Saturday 9:30-10:30am	Mr. James
Ballet IV/V	Saturday 10:30-12:00pm	Miss Melissa

Open Classes:

Monday:

6:45-7:30pm	Tap (Ages 7-11)	Miss JR
7:30-8:30pm	Adult Ballet	Miss JR

Tuesday:

5:45-6:30pm	Turns and Leaps (Ages 13+)	Miss JR
6:30-7:15pm	Lyrical Ages (7-11)	Miss JR

Wednesday:

5:30-6:00pm	Fundamentals Tap (Ages 5-7)	Miss Melissa/Miss JR
6:00-6:30pm	Fundamentals Lyrical (Ages 5-7)	Miss Melissa/Miss JR

Saturday:

9:30-10:30am	Jazz Funk (Ages 13+)	Mr. James
10:30-11:30am	Jazz Funk (Ages 7-12)	Mr. James
10:30-12:00pm	Ballet (Ages 13+)	Miss Melissa

To Register:



Call: (602) 449-1976

Email: info@ascend.dance